

7th Annual Conference

RECEPTOR²⁰²³

REcent Concepts in Endocrine PracTice and Research

**Accredited with
TNMC for 4 credit hours**

07-10-2023 ↔ 08-10-2023
SATURDAY SUNDAY

The Taj Gateway Hotel
Pasumalai, Madurai



7th Annual Conference

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REcent Concepts in ENdocrine PRacTice and REsearch

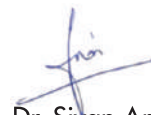
Organising Team



Dr.K.Arun
Chairman



Dr.Aruna Chelliah
Treasurer



Dr. Sivan Arul Selvan
Joint Organising Secretary



Dr.V.Kumaravel
Organising Secretary

Conference Secretariat:

Dr. V.Kumaravel

Organising Secretary

Institute of Diabetes & Endocrinology

Alpha Hospital & Research Centre,

2B/2C, Gate lock road, Mela Anuppannady,

Madurai - 625009.

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For Registration

Ms. K.Leema / Ms. M.Vanmathi

9600008562

Dear Colleagues,

It is our proud privilege to invite you to our 7th Annual National Conference, 'RECEPTOR-2023', a physical scientific meet, conducted by Alpha Health Foundation in association with Alpha Hospital and Research Centre in Madurai on 7th & 8th October 2023. This conference highlights REcent Concepts in ENdocrine PRacTice and REsearch. We look forward to your esteemed presence and active participation. We hope that this will be an academic feast of great minds and hearts.



Registration Fee : Rs. 2000/-*

Cheque / DD to be drawn in favour

Alpha health foundation, Madurai

* Free for Post Graduates

RECEPTOR 2023

PROGRAMME SCHEDULE - DAY 1

07.10.2023
SATURDAY

Time	Topics	Speakers
08.00 AM - 09.00 AM Registration		
Session 1		
Chair Persons: Dr. Palani Kumaran / Dr. Subbiah		
09.00 AM - 09.20 AM	Use of liothyronine (T3) in hypothyroidism: When and How?	Dr. Kumaravel V, Madurai
09.20 AM - 09.40 AM	Interpretation of discordant TFTs	Dr. Felix Jebasingh, Vellore
09.40 AM - 09.50 AM	Discussion	
Session 2		
Chair Persons: Dr. Sundaram / Dr. Mahesh Babu		
09.50 AM - 10.10 AM	Thyroid antibodies - Indications and Implications	Dr. Sridhar S, Madurai
10.10 AM - 10.30 AM	Thyroid disorders in pregnancy	Dr. Aruna Chelliah, Madurai
10.30 AM - 10.40 AM	Discussion	
10.40 AM - 11.00 AM Tea Break		
Session 3		
Chair Persons: Dr. Shanthi / Dr. Jothi Prince		
11.00 AM - 11.20 AM	Hirsutism: The role of medical management	Dr. Jayashree Gopal, Chennai
11.20 AM - 11.40 AM	PCOS: challenges in treatment	Dr. Sruti Chandrasekaran, Chennai
11.40 AM - 12.00 Noon	Hypogonadotropic hypogonadism : Revisited	Dr. Premkumar, Salem
12.00 Noon - 12.10 PM	Discussion	
Session 4		
Chair Persons: Dr. Aram / Dr. V N Alaga Venkatesan		
12.10 PM - 12.30 PM	Endocrinology of longevity	Dr. Vijaya Bhaskar Reddy, Puducherry
12.30 PM - 12.50 PM	Male Menopause – PADAM	Dr. Velayutham P, Coimbatore
12.50 PM - 01.00 PM	Discussion	
01.00 PM - 02.00 PM Lunch		
Session 5		
Chair Persons: Dr. Arun / Dr. Muralidharan C		
02.00 PM - 02.20 PM	Common caveats in supplementing calcium and vitamin D	Dr. Adlyne Reena Asirvatham, Chennai
02.20 PM - 02.40 PM	Growth hormone therapy: The present & the Future	Dr. Hemchand Krishna Prasad, Chennai
02.40 PM - 02.50 PM	Discussion	
Session 6: Clinical Problem Solving		
Chair Persons: Dr. Padma / Dr. Gayatri		
02.50 PM - 03.10 PM	37 year –old female with secondary amenorrhea	Dr. Soumya S L, Trichy
03.10 PM - 03.30 PM	40 year –old female with low libido	Dr. Sruti Chandrasekaran, Chennai
03.30 PM - 03.40 PM	Discussion	
Session 7		
Chair Persons: Dr. O.R.Kumaran / Dr. Gopinath		
03.40 PM - 04.00 PM	Diabetes Insipidus - When to suspect	Dr. Sivan Arul Selvan, Tirunelveli
04.00 PM - 04.20 PM	Diabetes Remission: Fact or Fiction?	Dr. Shunmugavelu, Trichy
04.20 PM - 04.30 PM	Discussion	
Session 8		
Chair Persons: Dr. Ravikannan / Dr. Krishnamoorthy		
04.30 PM - 04.50 PM	Steroid induced hyperglycemia – Treatment options	Dr. Arul Prakash, Tuticorin
04.50 PM - 05.10 PM	Beta cell - Cross talk in diabetes	Dr. Arthur Asirvatham , Madurai
05.10 PM - 05.20 PM	Discussion	
05.20 PM - 05.30 PM Tea Break		
05.30 PM - 07.00 PM Free Paper Presentation		

RECEPTOR 2023

PROGRAMME SCHEDULE - DAY 2

08.10.2023
SUNDAY

Time	Topic	Speakers
08.00 AM - 09.00 AM Registration		
Session 9		
Chair Persons: Dr. Dharmaraj / Dr. Raja		
09.00 AM - 09.20 AM	Gestational diabetes - Clinical updates	Dr. Manikandan R M, Madurai
09.20 AM - 09.40 AM	New onset diabetes in the Elderly: An approach	Dr. Vijaya Bhaskar reddy, Puducherry
09.40 AM - 09.50 AM	Discussion	
Session 10		
Chair Persons: Dr. P.V.Bala Murugan / Dr. Virgin Joena		
09.50 AM - 10.10 AM	Glucose monitoring: From CBG to CGM	Dr. Bharath R, Chennai
10.10 AM - 10.30 AM	Choosing anti diabetic therapies in 2023 - Important considerations	Dr. Krishna Seshadri, Chennai
10.30 AM - 10.40 AM	Discussion	
10.40 AM - 11.00 AM Tea Break		
Session 11		
Chair Persons: Dr. Vadivel Murugan / Dr. Sangamani J		
11.00 AM - 11.20 AM	SGLT2 inhibitors: Established & Emerging indications	Dr. Muthukumaran Jayapaul, Chennai
11.20 AM - 11.40 AM	Semaglutide: Where & How to use	Dr. Nivedhitha , Madurai
11.40 AM - 11.50 AM	Discussion	
Session 12		
Chair Persons: Dr. J.C.Sekar / Dr. Moses K Daniel		
11.50 AM - 12.10 PM	Imeglimin : New weapon in T2DM treatment	Dr. Warun Kumar M R, Madurai
12.10 PM - 12.30 PM	Perioperative glucose management – Current status & future directions	Dr. Shriram Mahadevan, Chennai
12.30 PM - 12.40 PM	Discussion	
Session 13		
Chair Persons: Dr. Prem Kumar / Dr. Aruna Chelliah		
12.40 PM – 01.00 PM	Clinical approach to MASLD	Dr. Krishna Seshadri, Chennai
01.00 PM - 01.20 PM	Screening for asymptomatic CAD in diabetes: Practical tips	Dr. Natarajan, Madurai
01.20 PM - 01.30 PM	Discussion	
01.30 PM - 02.20 PM Lunch		
Session 14		
Chair Persons: Dr. Muralidharan / Dr. Sundaram		
02.20 PM - 02.40 PM	Diabetes & Obesity – Is there any ideal diet?	Dr. Anand Kumar Annamalai, Madurai
02.40 PM - 03.00 PM	Insulin initiation in outpatient – When & How?	Dr. Lakshmi R H, Chennai
03.00 PM - 03.10 PM	Discussion	
Session 15		
Chair Persons: Dr. Durairaj / Dr. Arun K		
03.10 PM - 03.30 PM	Diabetic Neuropathy - Emerging treatments	Dr. Justin, Madurai
03.30 PM - 03.50 PM	Diabetes diagnosis challenges – Are you ready?	Dr. Krishnan Swaminathan, Coimbatore
03.50 PM - 04.00 PM	Discussion	
04.00 PM Tea Break		



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.... it is possible